



## About the Coach

Allow me to take a moment to tell you about myself and why I'm committed to helping Business Owners, Managers and Self-Employed Professionals achieve greater success in their business while maintaining a healthy balance in their life.

Prior to coaching, I have spent more than Thirty (30) years within Small Business and Corporate Environments. Holding such positions as Senior Vice President, Chief Administrative Officer, Management Consultant, Director of Organization and Management Development and Director of Staffing.

I specialize in Business, Executive and Life coaching helping clients to become more focused, effective and strategic through an ongoing proven process that is affordable and guaranteed! Helping business owners throughout Ventura County to slow down, reflect, face reality and plan; map out critical changes necessary to enhance their business and their lives; achieve greater focus, clarity, confidence and action; rekindling their passion for their businesses or careers once again.

The ultimate goal is to design a highly profitable business that runs smoothly while you own it and worth a fortune when you sell it. We offer a wide range of programs and services - from Strategic Mindset & Strategic Manager Quarterly Group Workshops; One-to-One Coaching; the Coaching Club to Special Projects in areas such as Business & Strategic Planning, Marketing & Selling, Leadership, People Management & Performance Behavior, and Succession Planning.

I hold a Masters degree in Business Administration and a professional coaching certification through the International Coaching Federation. I've been doing personal and professional coaching for over (10) years now. I've worked with companies large and small to increase revenues and profits. I've also worked with individuals showing them how to increase their freedom to become more effective in their personal lives.

I'm passionate about what I do because I've seen the impact that 'The Growth Coach' process has on people. The content of what I facilitate and coach has had such an influence on my clients that much of my business has come from word of mouth. Ask yourself, "How effective do I want to be as a business owner, husband, wife, parent, etc?" To be highly effective in any of these areas, you need personal and professional skills. We are in the business of raising personal and professional awareness and recognizing skill levels that will result in more freedom, income and fun.